

## **Topic: Proper Humanity – Lowliness**

Note: The practical applications provided in the lesson are offered as suggestions to help the saints in their preparation. They are not meant to direct or limit the ways in which the focus of the lesson can be applied. The saints are encouraged to pray and contact the Lord to receive His burden and guidance in teaching and applying the lesson. Fellowship with other saints, and inquiring of the children themselves, may also bring out many helpful applications.

### **Elementary:**

Verses: “With all lowliness and meekness, with long-suffering, bearing one another in love” (Ephesians 4:2).

“For though Jehovah is high, He regards the lowly...” (Psalm 138:6).

Focus: To be lowly in heart is to not think we are better than other people. We should be careful with how we speak to others about the things that we are able to do.

Practical Application: When a friend comes over to play, we should not talk about how well we can color or how well we can read or do math problems, even if we can do them better than our friends.

### **Intermediate:**

Verse: “Put on therefore, as God’s chosen ones, holy and beloved, inward parts of compassion, kindness, lowliness, meekness, long-suffering” (Ephesians 4:2).

Focus: Lowliness makes us compassionate and kind toward others and we appreciate what others can do. We are happy for others’ accomplishments. If we are lowly, it is easy for people to approach us.

Practical Application: On the playground at school, if you are a very good tether ball player, you should not brag about how good you are or make fun of others who are not as good as you. Do you like to be with people who brag about themselves or who tell you how they are better than you? It is easier to be with those who are lowly than with those who are proud and puffed up.

### **Advanced:**

Verse: “Be of the same mind toward one another, not setting your mind on the high things but going along with the lowly...” (Romans 12:16).

Focus: To be lowly in heart is not to think more highly of yourself than you ought to think. It is to put others first before yourself and to serve others instead of expecting others to serve you.

Practical Application: Use the story in John 13:1-17 to show that the Lord, who was the disciples’ master, was lowly in heart because He was able to wash his disciples feet. Are we willing to serve others or do we expect others to serve us? If we have to line up for something, do we push to get to the front of the line or are we willing to let others go ahead of us?